



SEASONAL FLU ACTIVITY INCREASING ACROSS STATE
North Medical Family Physicians Schedules Additional Flu Clinics

SYRACUSE, N.Y.—January 6, 2011 —North Medical, P.C. (NMPC) scheduled additional flu clinics in response to reports of rising flu activity across New York State.

For the week ending January 1, 2011, the CDC and New York State Department of Health reported widespread flu activity with the majority of cases being Type A flu.

Vaccination remains the best way to prevent the flu. The CDC recommends that every person over the age of six months receive the vaccine. This year's new flu vaccine protects the patient from the two main flu strains (Type A and Type B) and H1N1 virus that will cause the most illness during the flu season. The vaccine is effective about 10 days following vaccination.

Flu clinics are scheduled for January 14, noon-2:30pm and January 19, 9-12:30pm, North Medical Center, Suite 1D. Clinics are open to North Medical patients and anyone not having a primary care provider. Call (315) 452-2828 to make an appointment. Walk-ins welcome.

For more information about seasonal flu, vaccination and future clinics, contact Betsy Bedigian at 315-452-2000 ext. 4006 or bbedigian@northmedicalpc.com.

