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FOR IMMEDIATE RELEASE

## PREPARE FOR ALLERGY SEASON WITH PUBLIC SEMINAR

SYRACUSE, N.Y.—February 25, 2010—North Medical, P.C. (NMPC) will host a health and wellness seminar to prepare individuals for the allergy season. The event, which is free and open to the public, will educate participants about asthma and allergy symptoms, as well as treatments.

An asthma and allergy specialist will discuss a variety of treatment options, including self-care strategies, medication and inhalers. Attendees will also learn how allergies can trigger asthma attacks.

NMPC's Asthma and Allergies Seminar will be held Tuesday, March 16 at 7 p.m. in The Atrium at 5100 W. Taft Road. Attendees may register at the door or register in advance by calling 315-452-2828 or e-mailing [messagecenter@northmedicalpc.com](mailto:messagecenter@northmedicalpc.com).

For more information, contact Betsy Bedigian at (315) 452-2000 x4006 or e-mail [bbedigian@northmedicalpc.com](mailto:bbedigian@northmedicalpc.com).

### **About North Medical, P.C.**

North Medical, P.C. is the leading comprehensive primary care practice in Central New York bringing sophisticated ambulatory healthcare into patients' neighborhoods and communities through its Liverpool and Fayetteville locations.

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